

# Food Relief Resources - Maynard

## July 2020

Where can I get food assistance today?

	Mon	Tues	Wed	Thurs	Fri	Weekend
For all individuals and families	<a href="#">Maynard Food Pantry</a> 9:30am-12pm  <a href="#">AB High School</a> 11:30am-1pm	<a href="#">Open Table</a> 1pm-6:30  <a href="#">Sudbury Food Pantry</a> 12pm-2:15	<a href="#">Acton Food Pantry</a> 10am-7pm  <a href="#">Mount Calvary Supper</a> 5-6pm  <a href="#">AB High School</a> 11:30am-1pm	<a href="#">Open Table</a> 1pm-4:30pm  <a href="#">Acton Food Pantry</a> 9:30-11:30am  <a href="#">Sudbury Food Pantry</a> 12pm-2:15	<a href="#">AB High School</a> 11:30am-1pm	<a href="#">Stow Food Pantry</a> (one weekend a month, check website)
For seniors (through Minuteman Services)	<a href="#">Meals on Wheels</a> 11am-1pm	<a href="#">Meals on Wheels</a> 11am-1pm  <a href="#">Grab and Go meals</a> 11:30am	<a href="#">Meals on Wheels</a> 11am-1pm	<a href="#">Meals on Wheels</a> 11am-1pm  <a href="#">Grab and Go meals</a> 11:30am	<a href="#">Meals on Wheels</a> 11am-1pm	

\*Please check food pantry websites for most current times and services

### Food Pantries and Services

**Maynard Food Pantry and Backpack Program:** Provides food and personal items to residents of Maynard, Acton, Sudbury, Stow & Concord. Food backpacks distributed in the summer at drive-thru pantry and during the school year at each school on Friday afternoons.

- When: Mondays 9:30am-12:00 PM
- Where: 82 Main Street, Maynard. Drive-thru pantry entrance on River Street
- Website: <http://www.maynardfoodpantry.com>

**Open Table:** Food pantry and prepared meals (distributed in grocery bags). Some choice in protein and other weekly offerings. SNAP sign-up support upon request.

- When: Tuesdays 1:00-6:30pm, Thursdays 1:00-4:30pm
- Where: Drive-thru Pantry at Maynard municipal parking lot behind 33 Main Street (enter from Summer Street)
- Website: <https://www.opentable.org>

**Acton-Boxborough High School:** Offering bagged breakfasts and lunches to anyone in need under the age of 21.

- When: 11:30am-1:00pm Mondays, Wednesdays, and Fridays
- Where: 15 Charter Road, Acton
- Website: [https://www.abschools.org/district/food\\_services](https://www.abschools.org/district/food_services)

**The Acton Food Pantry:** Food provided to anyone in need. Drive-thru pantry for clients in cars and on foot.

- When: Wednesdays 10:00am-7:00pm, Thursdays 9:30-11:30am. Closed the 4th Wednesday of each month (will be closed July 22nd and 23rd).
- Where: 235 Summer Rd # 205, Boxborough
- Website: <https://www.actonfoodpantry.org>

**Mount Calvary Supper:** Drive-thru meal pick-up. Upcoming meals this month include meatball subs, BBQ pork sandwiches, hot dogs and hamburgers, and eggs and sausage.

- When: Wednesdays 5:00-6:00pm
- Where: 472 Massachusetts Avenue, Acton (back driveway of Mt. Calvary Lutheran Church)
- Website: <https://www.mtcalvaryacton.org/community-supper>

**The Stow Food Pantry:** Provides food and personal items one weekend a month. Pre-packaged client orders will be brought to client's car at the appointment time at drive-thru pantry.

- When: One weekend a month (check website)
- Where: Pompo Community Center, 509 Great Road, Stow
- Website: <http://stowfoodpantry.com/>

**The Sudbury Food Pantry:** Limited to once a month for non-Sudbury residents. Guests choose pantry items, personal care products offered as well.

- When: Currently Tuesdays and Thursdays 12:00-2:15pm. Starting August 1st, Tuesdays and Thursdays 11:00am-1:15pm.
- Where: Our Lady of Fatima Church, 160 Concord Road, Sudbury
- Website: <http://sudburyfoodpantry.org>

## **Meal Services for Seniors:**

**Minuteman Senior Services:** Meals on Wheels delivers lunch to homebound seniors who meet certain guidelines. Call 781-221-7177 for information and referrals.

- When: Deliveries made 11:00am-1:00pm Monday through Friday.
- Where: Delivery provided

- Website: <https://www.minutemansenior.org/>

**The Stow Council on Aging:** To-go meals for seniors offered for pick-up on Tuesdays and Thursdays (\$2 suggested donation). To order, call 781-221-7048.

- When: Tuesdays and Thursdays at 11:30 am.
- Where: Pompositticut Community Center (509 Great Rd, Stow)
- Website: <https://www.stow-ma.gov/council-aging>
- Meals-on-Wheels provides this service